

# Workplace Readiness Program

# A new year can bring great opportunities and here is a one for you!

## Are you ready to step out into the workforce? Are you ready to learn new skills?

GYBS's 16-week Workplace Readiness program is a specially designed program that empowers women to set and achieve employment goals, gaining confidence in the workforce and become financially independent.

#### The program consists of the following components:

- Mindfulness and resilience skills for the workplace equipping participants with confidence, skills, and tools to assist with working within a workplace.
- Computer skills learning the basic suite of Microsoft products eg. word, excel, and PowerPoint.
- First Aid Certificate.
- Food handling qualification for working in the hospitality industry.
- Barista qualification.
- Customer Service skills and tools.
- Financial budgeting advice and planning.
- Work experience, gain knowledge and skills to feel confident to move into the workforce.

#### Prerequisite:

- 16-week commitment to the program for 2 days per week one day in a learning environment and one day in a work experience environment
- Motivated to gain employment in a casual, part-time, or full-time capacity.

### **Course Details**

Length: 2 days per week – commencing 19th February 2024 When: 9.30am – 3pm Where: GYBS Village HQ, 15 Elizabeth Street, Tighes Hill Register by: Expressions of Interest to be emailed to jo@gybs.com.au or phone 4989 2777. Applicants will participate in an interview for the program. Facilitator: TAFE NSW, Registered Training Company, GYBS Cost: nil

